

**ABSTRACT**

There is provided an adjustable pad set for a protective helmet. The adjustable pad set includes a plurality of internal pads of various thicknesses. A plurality of pad  
5 retaining/locating devices each have a pocket for receiving at least one of the plurality of internal pads so as to form an individual pad of the adjustable pad set. At least one fastener for each of the plurality of pad retaining/locating devices respectively secures each of the plurality of pad retaining/locating devices to a selected location within the protective helmet.